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Republic of the Philippines
Province of Cagayan
TUGUEGARAO CITY

NINTH CITY COUNCIL

COMMITTEE REPORT

April 10, 2025

COMMITTEE ON HEALTH AND SANITATION
COMMITTEE ON RULES, LAWS AND ETHICS

PRESENT:

HON. IMOGEN CLAIRE M. CALLANGAN	- Chairperson (Health) (via zoom)
HON. KARINA S. GAUANI-VIERNES	- Vice Chairperson (Health) (via zoom)
HON. TIRSO V. MANGADA	- Member (Health) (via zoom)
HON. JUDE T. BAYONA	- Member (Health) (via zoom)
	Vice Chairperson (Rules)
HON. MARC ALDOUS C. BACCAY	- Chairperson (Rules) (via zoom)
HON. ARNEL T. ARUGAY	- Member (Rules) (via zoom)
HON. MARIA ROSARIO B. SORIANO	- Member (Rules) (via zoom)

RESOURCE PERSONS:

MR. MELVIN T. PEREZ	- CSWDO Head
	- CSU Representative

FOR THE PRESIDING OFFICER:

The joint committees met and deliberated on the referral:

COMMITTEE REPORT NO. 102-2025

SUBJECT:

Indorsement of the City Mayor, Hon. Maila Rosario S. Ting-Que, reiterating her letter dated December 11, 2024 relative the draft Memorandum of Agreement between the Tuguegarao City Government and Cagayan State University-Carig Campus on Mental Health Consultation and Training Program titled "Helping the Helpers: Facing Challenges (Navigating the Helping Domains of Frontline Helpers; A Holistic Approach)".

FINDINGS:

1. Hon. Maila Rosario S. Ting-Que indorsed to the Ninth City Council the draft Memorandum of Agreement between the Tuguegarao City Government and Cagayan State University-Carig Campus on Mental Health Consultation and Training Program titled "Helping the Helpers: Facing Challenges (Navigating the Helping Domains of Frontline Helpers; A Holistic Approach)".
2. This training program is a collaboration and consultation with experts in the field of Psychology and Counselling.
3. The paradigm of this training program accentuates the essential position of professional psychologists and counselors as mental health consultants whose role is to provide technical skills, knowledge, and current trends in human service and mental health delivery and the stakeholders as collaborators whose concern is to empower their frontliners that would enable the dispense of human services efficiently and effectively.

4. The recipient/beneficiaries/clients are the “primary agents” in human service delivery or mental health care such as community-based non-professionals or paraprofessionals (a trained aide) or frontliners who work hand in hand with professional person or consultant as they collaborate and consult issues/concerns about the population they serve that are beyond the limit of their expertise.

RECOMMENDATION:

Finding the terms and conditions of the Memorandum of Agreement (MOA) to be in order and beneficial to the constituents of Tuguegarao City, the joint committees recommend the approval of draft Memorandum of Agreement between the Tuguegarao City Government and Cagayan State University-Carig Campus on Mental Health Consultation and Training Program titled “Helping the Helpers: Facing Challenges (Navigating the Helping Domains of Frontline Helpers; A Holistic Approach)” and authorizing the City Mayor Hon. Maila Rosario S. Ting-Que, to sign for and on behalf of the Tuguegarao City Government the said MOA.


Respectfully submitted:

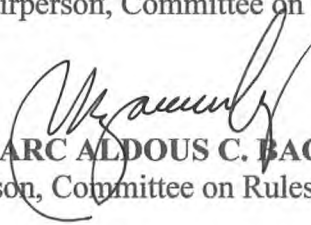

HON. IMOGEN CLAIRE M. CALLANGAN
Chairperson, Committee on Health and Sanitation


HON. KARINA S. GAUANI-VIERNES
Vice Chairperson, Committee on Health and Sanitation

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HON. TIRSO V. MANGADA
Member, Committee on Health and Sanitation


HON. JUDE T. BAYONA
Member, Committee on Health and Sanitation
Vice Chairperson, Committee on Rules, Laws and Ethics


HON. MARC ALDOUS C. BACCAY
Chairperson, Committee on Rules, Laws and Ethics


HON. ARNEL T. ARUGAY
Member, Committee on Rules, Laws and Ethics


HON. MARIA ROSARIO B. SORIANO
Member, Committee on Rules, Laws and Ethics

DRAFT RESOLUTION APPROVING THE MEMORANDUM OF AGREEMENT BETWEEN THE TUGUEGARAO CITY GOVERNMENT AND CAGAYAN STATE UNIVERSITY – CARIG CAMPUS ON MENTAL HEALTH CONSULTATION AND TRAINING PROGRAM TITLED “HELPING THE HELPERS: FACING CHALLENGES (NAVIGATING THE HELPING DOMAINS OF FRONTLINE HELPERS; A HOLISTIC APPROACH)” AND AUTHORIZING THE CITY MAYOR HON. MAILA ROSARIO S. TING-QUE, TO SIGN FOR AND ON BEHALF OF THE TUGUEGARAO CITY GOVERNMENT THE SAID MOA



WHEREAS, Section 22(c) of Republic Act No. 7160, otherwise known as the Local Government Code, grants the power to the Local Chief Executive to enter into contracts on behalf of the local government unit with prior authorization by the Sangguniang Panlungsod;

WHEREAS, the City Mayor, Hon. Maila Rosario S. Ting-Que, requested for an authority to represent, enter and sign for and on behalf of the City Local Government Unit of Tuguegarao the draft Memorandum of Agreement between the Tuguegarao City Government and Cagayan State University – Carig Campus on Mental Health Consultation and Training Program titled “Helping the Helpers: Facing Challenges (Navigating the Helping Domains of Frontline Helpers; A Holistic Approach)”;

WHEREAS, the Tuguegarao City Government recognizes the need to strengthen the mental health and psychosocial well-being of frontline workers in the city;

WHEREAS, Cagayan State University – Carig Campus, through its academic and professional expertise, has proposed a partnership with the City Government to implement a Mental Health Consultation and Training Program titled “Helping the Helpers: Facing Challenges (Navigating the Helping Domains of Frontline Helpers; A Holistic Approach)”;

WHEREAS, the said program aims to provide mental health support, training, and intervention strategies tailored to the needs of frontline workers, ensuring their mental well-being and sustained productivity;

WHEREAS, the program developed through strategic collaboration and expert consultation with professionals in the fields of Psychology and Counseling, is a goal-oriented initiative that underscores a holistic approach to enhancing the well-being and professional development of frontline helpers and paraprofessionals as they navigate the complexities of their roles within the helping professions;

WHEREAS, a Memorandum of Agreement (MOA) has been drafted to formalize the collaboration between the Tuguegarao City Government and Cagayan State University – Carig Campus in the implementation of this program;

WHEREAS, the Sangguniang Panlungsod finds the proposed MOA beneficial to the City and supportive of the goals of public service and mental health advocacy;

NOW, THEREFORE, RESOLVE as it is hereby **RESOLVED**, to approve the Memorandum of Agreement between the Tuguegarao City Government and Cagayan State University – Carig Campus on Mental Health Consultation and Training Program titled “Helping the Helpers: Facing Challenges (Navigating the Helping Domains of Frontline Helpers; A Holistic Approach)” and authorizing the City Mayor Hon. Maila Rosario S. Ting-Que, to sign for and on behalf of the Tuguegarao City Government the said MOA.

RESOLVED FURTHER, that copies of this resolution be transmitted to the Cagayan State University, the City Mayor’s Office, and all concerned offices for their information and appropriate action.

MEMORANDUM OF AGREEMENT

KNOW ALL MEN BY THESE PRESENTS:

This **MEMORANDUM OF AGREEMENT** is executed by and between:

The **LOCAL GOVERNMENT UNIT OF TUGUEGARAO CITY**, a government political subdivision, created under the laws of the Republic of the Philippines, with office address at Carig Sur, Tuguegarao City, Cagayan, represented by City Mayor, **HON. MAILA ROSARIO S. TING-QUE**, herein referred to as the **FIRST PARTY**;

-and-

The **CAGAYAN STATE UNIVERSITY-CARIG CAMPUS**, as the largest state institution of higher learning in the Cagayan Valley Region of the Philippines, with principal office address at Carig Sur, Tuguegarao City, Cagayan, represented by OIC University President, **ENGR. ARTHUR G. IBÁÑEZ**, herein referred to as **SECOND PARTY**.

WITNESSETH:

WHEREAS, the **SECOND PARTY** proposed to the **FIRST PARTY** a Mental Health Consultation and Training Program, titled: **"HELPING THE HELPER: FACING CHALLENGES (Navigating the Helping Domains of Frontline Helpers: A Holistic Approach)"**;

WHEREAS, this training program is a collaboration and consultation with experts in the field of Psychology and Counseling. This is goal-directed with emphasis towards holistic approach for the "human helper" (frontliners/paraprofessional) as he/she grows with and within the professional milieu. It is continuous and progressive

WHEREAS, the paradigm of this training program accentuates the essential position of professional psychologists and counselors as mental health consultants whose role is to provide technical skills, knowledge, and current trends in human service and mental health delivery and the stakeholders as collaborators whose concern is to empower their front liners/paraprofessionals that would enable the dispense of human services efficiently and effectively;

WHEREAS, the recipient/beneficiaries/clients are the "primary agents" in human service delivery or mental health care such as community-based non-professionals or paraprofessionals (a trained aide) or front liners who work hand in hand with professional person or consultant as they collaborate and consult issues/concerns about the population they serve that are beyond the limit of their expertise;

WHEREAS, the program commits itself to promoting the well-being of people by ensuring that: mental health is valued, promoted and protected; mental health conditions are treated and prevented; timely, affordable, high quality and culturally appropriate health care for these conditions are made available to its employees; such health services are free from coercion and accountable to the service users; and employees affected by mental health conditions are able to exercise the full range of human rights, and work and participate fully at work, free from stigmatization and discrimination;

WHEREAS, the consultation, collaboration, and training program come into two phases, to wit: 1) The **FIRST PHASE** revisits the core of the focal persons who are the frontline providers, thus the core theme emphasizes "mindfulness as paying attention on a

particular experience with a purpose and an attitude of curiosity and openness along with a nonjudgmental acceptance toward that experience; and 2) the SECOND PHASE aims to strengthen mental health management and helping skills of the helping persons to enable them to deliver proper mental health interventions and effective behavior support to their clientele;

WHEREAS, the conceptual framework of the program consists of the mental health consultant or the professional experts, mental health collaborator or the agency/consultee, and the mental health worker provider called the paraprofessionals or the beneficiaries of the said program;

WHEREAS, The evaluation for the training program includes: 1) Pre Evaluation of Participants : conduct of needs assessment to determine present core self and competencies of the Helper which includes domains about : awareness of SELF, communication skills, helping skills, values and psychological well-being; 2) Includes SELF rating scale on the same dimension measured in the pre evaluation; 3) Evaluation also would include strength and weaknesses of the whole training program; and 4) Contracting agencies are also expected to prepare own evaluation to help them determine their desired outcomes in the future as they implement their own program of activities.

NOW THEREFORE, for and in consideration of the foregoing premises and of the mutual covenants hereinafter contained, the parties hereby agree as follows:

1. The **SECOND PARTY** will provide for the consulting experts who will revisit, retrain, refocus, and retool the various roles of frontline helpers in a more holistic perspective to strengthen their skills and be able to deliver the basic services effectively and efficiently to their target clientele.
2. As regards the budget and logistics, the **FIRST PARTY** will provide their budget counterpart and their human and non-human resources needed for the implementation.
3. The **FIRST PARTY and SECOND PARTY** will both prepare the planning and implementation of the training program;
4. The **FIRST PARTY** shall ensure the safety of CSU representatives during the implementation of this MOA within its jurisdiction.

Article I

OBLIGATION AND SETTLEMENT OF DISPUTES

Section 1. This MOA does not grant any regulatory and oversight powers to the parties. In effect, no party can impose any mandatory obligation over the other. Rather, both shall uphold a joint responsibility to support and protect each other in attaining the objectives of the project.

Section 2. Nothing in this agreement shall be construed as creating a principal-agent or partner-client relationship between the parties, rather, the nature and characteristics of being part of this extension activity shall be under a joint representation of them.

Article II

Amendment and Effectivity

Section 1. All provisions of this MOA shall be in full force between the parties. Amendment to or modification of any specific provision hereof may be possible upon mutual consent in formal writing by the parties;

Section 2. In case of any breach, conflict or violation of any provision of this agreement by any of the parties, the matter shall be discussed and solved in a special meeting to arrive at a peaceful negotiation and amicable settlement;

Section 3. This MOA shall take effect immediately upon signing of the representatives of both parties and shall be binding and executory between them until either suspended or upon termination of the project.

Article III

Liability Clause

EACH PARTY shall answer for losses and damages arising from any accident, act, or omission directly attributable to its fault or negligence, which may cause death or bodily injury to a person, or loss or damages to property, by or on account of the performance of the respective obligations by the parties under this affiliation. Such responsibility shall continue to remain even after the termination of this affiliation, if such losses and damages were incurred during the effectivity of this affiliation.

Article IV

Severability Clause

If any provision of this Memorandum of Agreement shall be held to be invalid or unenforceable for any reason, the remaining provisions shall continue to be valid and enforceable.

Article VI

Data Privacy Clause

All information whether personal or sensitive that will come to the knowledge of the parties, its employees, personnel, and staff as a result of this Agreement or by any other means shall be deemed confidential and shall be observed and protected at all times in accordance with Republic Act No. 10173 (Data Privacy Act of 2012).

Article VII

Termination Clause

The Parties may terminate this MOA, in whole or in part, at any time upon mutual agreement of both parties or by either of the party for its convenience if the existence of conditions is determined to cause its implementation to be economically, financially, or technically impractical and/or unnecessary, such as but not limited to fortuitous event/s or changes in law and national government policies.

Article VIII

Warranty Clause

Each person signing this agreement/understanding warrants that he or she is duly authorized to do so and bind the respective parties to the agreement.

IN WITNESS WHEREOF, the herein parties have set their hands this _____ in Tuguegarao City.

LGU Tuguegarao City

Cagayan State University-Carig
Campus

First Party

Second Party

Represented by:

Represented by:

HON. MAILA ROSARIO TING-QUE
City Mayor

ENGR. ARTHUR G. IBANEZ
OIC University President

Signed in the Presence of:

ACKNOWLEDGMENT

Republic of the Philippines)
Province of _____) s.s.
City of _____)

BEFORE ME, this _____ in Tuguegarao City personally appeared the following persons, to wit:

NAME	I.D.	PLACE ISSUED	DATE ISSUED
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Known to me to be the same persons who executed the foregoing Deed and who acknowledged to me that the same is their free and voluntary act and deed of the entities that they represent in this instance.

WITNESS MY HAND AND SEAL at the place and on the date first above-written.

Doc. No. _____
Page No. _____
Book No. _____
Series of 2024

BUDGETARY REQUIREMENTS
HELPING THE HELPER: FACING THE CHALLENGES

Proponents: Melinda M. Chua, Babilyn C. Bautista, Maria Rachel G. Miguel, Joseph Kevin A. Tobugay

ITEM	Year 1				Total	Year 2	Year 3
	Qtr 1	Qtr 2	Qtr 3	Qtr 4			
I. Personal Services							
a. Encoders							
b. Statistician		2,000.00 (honoraria)			3,000.00 (token)		
d. Stakeholders					4,000.00 (honoraria)		
e. IM Experts					4,000.00 (snacks)		
f. Proponents							
II. Maintenance and other operating supplies							
Bond Papers, Ink, Pencils/Pens, Binding costs, Binding materials, Masking tape, Manila papers, Colored papers, Staplers, Staple		1,000.00	1,000.00	3,000.00			

