



Republic of the Philippines  
PROVINCE OF CAGAYAN  
Tuguegarao City  
**NINTH CITY COUNCIL**



EXCERPTS FROM THE MINUTES OF THE 133<sup>rd</sup> REGULAR SESSION OF THE NINTH CITY COUNCIL OF TUGUEGARAO CITY, CAGAYAN HELD ON APRIL 15, 2025 (TUESDAY), 9:00 A.M., AT THE SANGGUNIAN PANLUNGSOD SESSION HALL

PRESENT:

Hon. Bienvenido C. De Guzman II	City Vice Mayor, Presiding Officer
Hon. Mark Angelo B. Dayag	Sangguniang Panlungsod Member
Hon. Ronaldo S. Ortiz	-do-
Hon. Mary Marjorie P. Martin-Chan	-do-
Hon. Imogen Claire M. Callangan	-do-
Hon. Gilbert S. Labang	-do-
Hon. Jude T. Bayona	-do-
Hon. Arnel T. Arugay	-do-
Hon. Grace B. Arago	-do-
Hon. Tirso V. Mangada	-do-
Hon. Restituto C. Ramirez	Ex Officio Member
Hon. Cerene Pearl T. Quilang	-do-

ABSENT:

Hon. Maria Rosario B. Soriano	Sangguniang Panlungsod Member
Hon. Karina S. Gauani-Viernes	-do-
Hon. Marc Aldous C. Baccay	-do- (on Sick Leave)

**CITY RESOLUTION NO. 214-09-2025**

**RESOLUTION APPROVING THE MEMORANDUM OF AGREEMENT BETWEEN THE TUGUEGARAO CITY GOVERNMENT AND THE CAGAYAN STATE INIVERSITY-CARIG CAMPUS ON MENTAL HEALTH CONSULTATION AND TRAINING PROGRAM TITLED “*HELPING THE HELPERS: FACING CHALLENGES (NAVIGATING THE HELPING DOMAINS OF FRONTLINE HELPERS; A HOLISTIC APPROACH)*” AND AUTHORIZING THE CITY MAYOR, HON. MAILA ROSARIO S. TING-QUE, TO SIGN FOR AND ON BEHALF OF THE TUGUEGARAO CITY GOVERNMENT THE SAID MOA**

**WHEREAS**, Section 22(c) of Republic Act No. 7160, otherwise known as the Local Government Code, grants the power to the Local Chief Executive to enter into contracts on behalf of the local government unit with prior authorization by the Sangguniang Panlungsod;

**WHEREAS**, the City Mayor, Hon. Maila Rosario S. Ting-Que, requested for an authority to represent, enter and sign for and on behalf of the City Local Government Unit of Tuguegarao the draft Memorandum of Agreement between the Tuguegarao City Government and the Cagayan State University-Carig Campus on Mental Health Consultation and Training Program titled “Helping the Helpers: Facing Challenges (Navigating the Helping Domains and Frontline Helpers; A Holistic Approach);”

**WHEREAS**, the Tuguegarao City Government recognizes the need to strengthen the mental health and psychosocial well-being of frontline workers in the city;

**WHEREAS**, Cagayan State University-Carig Campus, through its academic and professional expertise, has proposed a partnership with the Tuguegarao City Government to implement a Mental Health Consultation and Training Program titled Helping the Helpers: Facing Challenges (Navigating the Helping Domains and Frontline Helpers; A Holistic Approach);

**WHEREAS**, the said program aims to provide mental health support, training, and intervention strategies tailored to the needs of frontline workers, ensuring their mental well-being and sustained productivity;

**WHEREAS**, the program developed through strategic collaboration and expert consultation with professionals in the fields of Psychology and Counselling, is a goal-oriented initiative that underscores a holistic approach to enhancing the well-being and professional development of frontline helpers and paraprofessionals as they navigate the complexities of their roles within the helping professions;

**WHEREAS**, a Memorandum of Agreement (MOA) has been drafted to formalize the collaboration between the Tuguegarao City Government and Cagayan State University-Carig Campus in the implementation of this program;

**WHEREAS**, the Sangguniang Panlungsod finds the MOA beneficial to the City and supportive of the goals of public service and mental health advocacy.

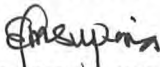

**NOW, THEREFORE, RESOLVE**, as it is hereby **RESOLVED**, to approve the Memorandum of Agreement between the Tuguegarao City Government and the Cagayan State University-Carig Campus on Mental Health Consultation and Training Program titled “Helping the Helpers: Facing Challenges (Navigating the Helping Domains and Frontline Helpers; A Holistic Approach)” and to authorize the City Mayor, Hon. Maila Rosario S. Ting-Que, to sign for and on behalf of the Tuguegarao City Government the said MOA.

**RESOLVED FURTHER**, that copies of this Resolution be forwarded to CSU-Carig Campus for information and appropriate action.


On motion of Hon. Mangada and without any objection, **CITY RESOLUTION NO. 214-09-2025** was **APPROVED**.

X-X-X

I HEREBY CERTIFY TO THE CORRECTNESS OF THE FOREGOING:

  
**EDITH M. SUPEÑA**  
Supervising Administrative Officer 

ATTESTED:

  
**HON. BIENVENIDO C. DE GUZMAN II**  
City Vice Mayor/Presiding Officer  
Date: APR 21 2025

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