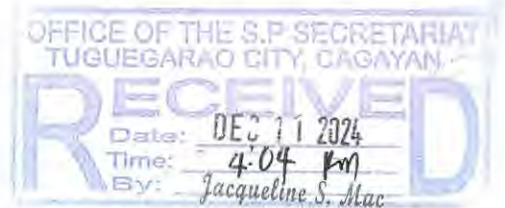




BAGONG PILIPINAS

Republic of the Philippines
Province of Cagayan
TUGUEGARAO CITY

Phone number : 0953-588-3721 | email address : cmotuguegaraocity@gmail.com



OFFICE OF THE CITY MAYOR

11 December 2024

THE PRESIDING OFFICER AND MEMBERS

Sangguniang Panlungsod
This City

Dear *Presiding Officer and Members of the Sanggunian*:

Herewith is the Memorandum of Agreement between the City Government of Tuguegarao and the Cagayan State University- Carig Campus regarding the *Mental Health Consultation and Training Program*, titled: "*Helping the Helpers: Facing Challenges (Navigating the Helping Domains of Frontline Helpers: A Holistic Approach)*", for your information and appropriate action.

This matter is certified as **URGENT** pursuant to Article 107 of the Implementing Rules and Regulations of the Republic Act No. 7160 or the Local Government Code of 1991.

In the name of public service,

MAILA ROSARIO S. TING-QUE
City Mayor

Copy furnished:

- CSU- Carig Campus
- City Legal Office





UNIVERSITY LEGAL AND RISK MANAGEMENT OFFICE

LRMO-6373-IND-2024-251

Document Title

MEMORANDUM OF AGREEMENT BETWEEN
CAGAYAN STATE UNIVERSITY AND LOCAL
GOVERNMENT UNIT OF TUGUEGARAO CITY ON
EXTENSION PROGRAM TITLED: "HELPING THE
HELPERS: FACING CHALLENGES (Navigating the
Helping Domains of Frontline Helpers: A Holistic
Approach)

Date

02 December 2024

DOCUMENT REVIEW REPORT

This is issued to attest that the undersigned has reviewed the attached legal document and found its provisions to be in accordance with applicable laws, rules, and regulations.

This legal opinion is issued solely for the contents of the legal document that the undersigned has reviewed; any later amendments, usage, and implementation are not covered. Requirements other than the execution of the legal instrument must be complied with.

Reviewed by:


ATTY. CHRIZLLER MEG H. SALAMAT, CPA
Risk Management Officer

Caveat: The views expressed in this opinion are based on our assessment of the facts and applicable law as of the date indicated. No assurance is given regarding the absolute accuracy or correctness of this legal opinion.



VISION

... ..

MISSION

... ..

CORE VALUES

... ..

MEMORANDUM OF AGREEMENT

KNOW ALL MEN BY THESE PRESENTS:

This **MEMORANDUM OF AGREEMENT** is executed by and between:

The **LOCAL GOVERNMENT UNIT OF TUGUEGARAO CITY**, a government political subdivision, created under the laws of the Republic of the Philippines, with office address at Carig Sur, Tuguegarao City, Cagayan, represented by City Mayor, **HON. MAILA ROSARIO S. TING-QUE**, herein referred to as the **FIRST PARTY**;

-and-

The **CAGAYAN STATE UNIVERSITY-CARIG CAMPUS**, as the largest state institution of higher learning in the Cagayan Valley Region of the Philippines, with principal office address at Carig Sur, Tuguegarao City, Cagayan, represented by OIC University President, **ENGR. ARTHUR G. IBÁÑEZ**, herein referred to as **SECOND PARTY**.

WITNESSETH:

WHEREAS, the **SECOND PARTY** proposed to the **FIRST PARTY** a Mental Health Consultation and Training Program, titled: **"HELPING THE HELPER: FACING CHALLENGES (Navigating the Helping Domains of Frontline Helpers: A Holistic Approach)"**;

WHEREAS, this training program is a collaboration and consultation with experts in the field of Psychology and Counseling. This is goal-directed with emphasis towards holistic approach for the "human helper" (frontliners/paraprofessional) as he/she grows with and within the professional milieu. It is continuous and progressive

WHEREAS, the paradigm of this training program accentuates the essential position of professional psychologists and counselors as mental health consultants whose role is to provide technical skills, knowledge, and current trends in human service and mental health delivery and the stakeholders as collaborators whose concern is to empower their front liners/paraprofessionals that would enable the dispense of human services efficiently and effectively;

WHEREAS, the recipient/beneficiaries/clients are the "primary agents" in human service delivery or mental health care such as community-based non-professionals or paraprofessionals (a trained aide) or front liners who work hand in hand with professional person or consultant as they collaborate and consult issues/concerns about the population they serve that are beyond the limit of their expertise;

WHEREAS, the program commits itself to promoting the well-being of people by ensuring that: mental health is valued, promoted and protected; mental health conditions are treated and prevented; timely, affordable, high quality and culturally appropriate health care for these conditions are made available of its employees; such health services are free from coercion and accountable to the service users; and employees affected by mental health conditions are able to exercise the full range of human rights, and work and participate fully at work, free from stigmatization and discrimination;

WHEREAS, the consultation, collaboration, and training program come into two phases, to wit: 1) The **FIRST PHASE** revisits the core of the focal persons who are the frontline providers, thus the core theme emphasizes "mindfulness as paying attention on a

particular experience with a purpose and an attitude of curiosity and openness along with a nonjudgmental acceptance toward that experience; and 2) the SECOND PHASE aims to strengthen mental health management and helping skills of the helping persons to enable them to deliver proper mental health interventions and effective behavior support to their clienteles;

WHEREAS, the conceptual framework of the program consists of the mental health consultant or the professional experts, mental health collaborator or the agency/consultee, and the mental health worker provider called the paraprofessionals or the beneficiaries of the said program;

WHEREAS, The evaluation for the training program includes: 1) Pre Evaluation of Participants : conduct of needs assessment to determine present core self and competencies of the Helper which includes domains about : awareness of SELF, communication skills, helping skills, values and psychological well-being; 2) Includes SELF rating scale on the same dimension measured in the pre evaluation; 3) Evaluation also would include strength and weaknesses of the whole training program; and 4) Contracting agencies are also expected to prepare own evaluation to help them determine their desired outcomes in the future as they implement their own program of activities.

NOW THEREFORE, for and in consideration of the foregoing premises and of the mutual covenants hereinafter contained, the parties hereby agree as follows:

1. The **SECOND PARTY** will provide for the consulting experts who will revisit, retrain, refocus, and retool the various roles of frontline helpers in a more holistic perspective to strengthen their skills and be able to deliver the basic services effectively and efficiently to their target clienteles.
2. As regards the budget and logistics, the **FIRST PARTY** will provide their budget counterpart and their human and non-human resources needed for the implementation.
3. The **FIRST PARTY and SECOND PARTY** will both prepare the planning and implementation of the training program;
4. The **FIRST PARTY shall** ensure the safety of CSU representatives during the implementation of this MOA within its jurisdiction.

Article I

OBLIGATION AND SETTLEMENT OF DISPUTES

Section 1. This MOA does not grant any regulatory and oversight powers to the parties. In effect, no party can impose any mandatory obligation over the other. Rather, both shall uphold a joint responsibility to support and protect each other in attaining the objectives of the project.

Section 2. Nothing in this agreement shall be construed as creating a principal-agent or partner-client relationship between the parties, rather, the nature and characteristics of being part of this extension activity shall be under a joint representation of them.

Article II

Amendment and Effectivity

Section 1. All provisions of this MOA shall be in full force between the parties. Amendment to or modification of any specific provision hereof may be possible upon mutual consent in formal writing by the parties;

Section 2. In case of any breach, conflict or violation of any provision of this agreement by any of the parties, the matter shall be discussed and solved in a special meeting to arrive at a peaceful negotiation and amicable settlement;

Section 3. This MOA shall take effect immediately upon signing of the representatives of both parties and shall be binding and executory between them until either suspended or upon termination of the project.

Article III

Liability Clause

EACH PARTY shall answer for losses and damages arising from any accident, act, or omission directly attributable to its fault or negligence, which may cause death or bodily injury to a person, or loss or damages to property, by or on account of the performance of the respective obligations by the parties under this affiliation. Such responsibility shall continue to remain even after the termination of this affiliation, if such losses and damages were incurred during the effectivity of this affiliation.

Article IV

Severability Clause

If any provision of this Memorandum of Agreement shall be held to be invalid or unenforceable for any reason, the remaining provisions shall continue to be valid and enforceable.

Article VI

Data Privacy Clause

All information whether personal or sensitive that will come to the knowledge of the parties, its employees, personnel, and staff as a result of this Agreement or by any other means shall be deemed confidential and shall be observed and protected at all times in accordance with Republic Act No. 10173 (Data Privacy Act of 2012).

Article VII

Termination Clause

The Parties may terminate this MOA, in whole or in part, at any time upon mutual agreement of both parties or by either of the party for its convenience if the existence of conditions is determined to cause its implementation to be economically, financially, or technically impractical and/or unnecessary, such as but not limited to fortuitous event/s or changes in law and national government policies.

Article VIII

Warranty Clause

Each person signing this agreement/understanding warrants that he or she is duly authorized to do so and bind the respective parties to the agreement.

IN WITNESS WHEREOF, the herein parties have set their hands this _____ in Tuguegarao City.

LGU Tuguegarao City

**Cagayan State University-Carig
Campus**

First Party

Second Party

Represented by:

Represented by:

HON. MAILA ROSARIO TING-QUE

City Mayor

ENGR. ARTHUR G. IBANEZ

OIC University President

Signed in the Presence of:

ACKNOWLEDGMENT

Republic of the Philippines)

Province of _____) s.s.

City of _____)

BEFORE ME, this _____ in Tuguegarao City personally appeared the following persons, to wit:

NAME	I.D.	PLACE ISSUED	DATE ISSUED
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Known to me to be the same persons who executed the foregoing Deed and who acknowledged to me that the same is their free and voluntary act and deed of the entities that they represent in this instance.

WITNESS MY HAND AND SEAL at the place and on the date first above-written.

Doc. No. _____

Page No. _____

Book No. _____

Series of 2024

BUDGETARY REQUIREMENTS							
HELPING THE HELPER: FACING THE CHALLENGES							
Proponents: Melinda M. Chua, Babilyn C. Bautista, Maria Rachel G. Miguel, Joseph Kevin A. Tabugay							
	Year 1					Year 2	Year 3
ITEM	Qtr 1	Qtr 2	Qtr 3	Qtr 4	Total		
		2nd quarter includes 1. Gathering of data for Needs Assessment	3rd quarter 1. Meeting/ Collaboration with stakeholders to present findings 2. MOA preparation	4th quarter 1. MOA Signing 2. Module Writing 3. Feedback Giving/ Critiquing with IM experts			
I. Personal Services							
a. Encoders							
b. Statistician		2,000.00 (honoraria)					
d. Stakeholders				3,000.00 (token)			
e. IM Experts				4,000.00 (honoraria)			
f. Proponents				4,000.00 (snacks)			
II. Maintenance and other operating supplies							
Bond Papers, Ink, Pencils/Pens, Binding costs, Binding materials, Masking tape, Manila papers, Colored papers, Staplers, Staple		1,000.00	1,000.00	3,000.00			

